



IUD Toolkit

K4Health eToolkits

K4Health eToolkits (www.k4health.org/toolkits) are collections of carefully selected information resources for health policy makers, program managers, and service providers. (See *more details, below.*)

IUD Toolkit

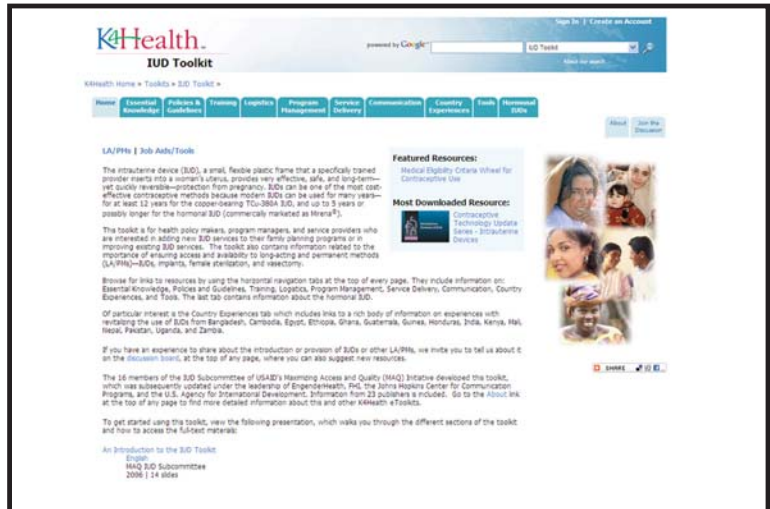
The intrauterine device (IUD), a small, flexible plastic frame that a specifically trained provider inserts into a woman's uterus, provides very effective, safe, and long-term--yet quickly reversible--protection from pregnancy. IUDs can be one of the most cost effective contraceptive methods because modern IUDs can be used for many years--for at least 12 years for the copper-bearing TCU-380A IUD, and up to 5 years or possibly longer for the hormonal IUD (commercially marketed as Mirena®).

The IUD Toolkit (www.k4health.org/toolkits/iud) was created to provide evidence-based practices about the IUD while alleviating uncertainties about this method. The toolkit provides guidance and tools to update, expand, or develop IUD service provision programs. Health policy makers, program managers, service providers, information officers, and others will find guidance for program planning, tools to implement programs, and other resources.

The toolkit sections originally focused on information about the copper-bearing TCU-380A IUD. Information about the levonorgestrel-releasing intrauterine system (LNG_IUS) has been added.

IUD Toolkit Partners

The IUD Toolkit was developed by the 16 members of the IUD Subcommittee of USAID's Maximizing Access and Quality (MAQ) Initiative. It was subsequently updated under the leadership of EngenderHealth, FHI, Johns Hopkins Bloomberg School of Public Health Center for Communication Programs, and the U.S. Agency for International Development. K4Health invites users of the toolkit to provide feedback, suggest additional resources to fill information gaps, and share with other users how they have used or plan to use the toolkit. A built-in, moderated discussion board is provided for this purpose.



K4Health eToolkits (continued)

Partners with expertise and experience in the topic develop the toolkits collaboratively using a series of online features, including audio- and video-conferencing tools, text chatting, and a commenting feature that allows invited collaborators to provide comments about individual resources and toolkit sections. This participatory approach guarantees that the toolkits are of the highest quality. The continuous publishing principle on which toolkits are based allows them to evolve after publication to capture additional resources and to identify and fill remaining information gaps.

(To see a list of all K4Health eToolkits and those in production go to www.k4health.org/toolkits. If you, or your organization, would like to develop a toolkit not already on the list, please contact the k4Health eToolkits team at: Toolkits@k4health.org.)

KaHealth IUD Toolkit

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Service Delivery

Ensuring good-quality IUD services is a vital component and foundation of any IUD program. Services should be client-centered, meaning that services are tailored to clients' needs and meet medical standards. This section of the IUD Toolkit includes information and tools to help service providers offer client-centered care, including resources to help with:

- Screening
- Counseling
- Safe Insertion
- Supporting IUD Users

Have a suggested resource or comment about this section? Please visit our [discussion board](#).

Screening

Medical Eligibility Criteria Wheel for Contraceptive Use
2009
World Health Organization [WHO]
1 p
English
French
Spanish

This wheel contains the medical eligibility criteria for starting use of contraceptive methods. It is based on the Medical Eligibility Criteria for Contraceptive Use, 3rd edition and its 2008 Update. This update of the MEC Wheel contains 25 new recommendations that tell family planning providers whether a woman presenting with a known medical or physical condition is able to use various contraceptive methods safely and effectively.
[\[read more >\]](#)

Checklist for Screening Clients Who Want to Initiate Use of the Copper IUD
2008
Family Health International [FHI]
3 p
English

Service Delivery

Ensuring good-quality IUD services is a vital component and foundation of any IUD program. This section of the toolkit contains information and tools to help service providers offer client-centered care, including resources to help with screening, counseling, safe insertion, and supporting IUD users.

Country Experiences

Experiences from more than 18 countries on many of the programmatic topics are covered. Topics include: task sharing, experiences with reintroducing or revitalizing IUDs, mobile services, marketing and social franchising, dedicated long-acting method providers, integrated service delivery, assessment studies, and monitoring & evaluation instruments.

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Country Experiences

This section of the IUD Toolkit includes country experiences on many of the programmatic topics covered in the toolkit, including:

- Task Sharing
- Experiences with Reintroducing or Revitalizing IUDs
- Mobile Services
- Marketing and Social Franchising
- Dedicated Long-Acting Method Providers
- Integrated Service Delivery
- Assessment Studies
- Monitoring & Evaluation (M&E) Instruments

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Task Sharing

Improving Access to Long-Term Contraceptives in Rural Guatemala Through the Ministry of Health
2005
Population Council, Frontiers in Reproductive Health
28 p
English