

# Family Planning and HIV Services Integration Toolkit

## K4Health eToolkits

K4Health eToolkits ([www.k4health.org/toolkits](http://www.k4health.org/toolkits)) are collections of carefully selected information resources for health policy makers, program managers, and service providers. (See *more details, below.*)

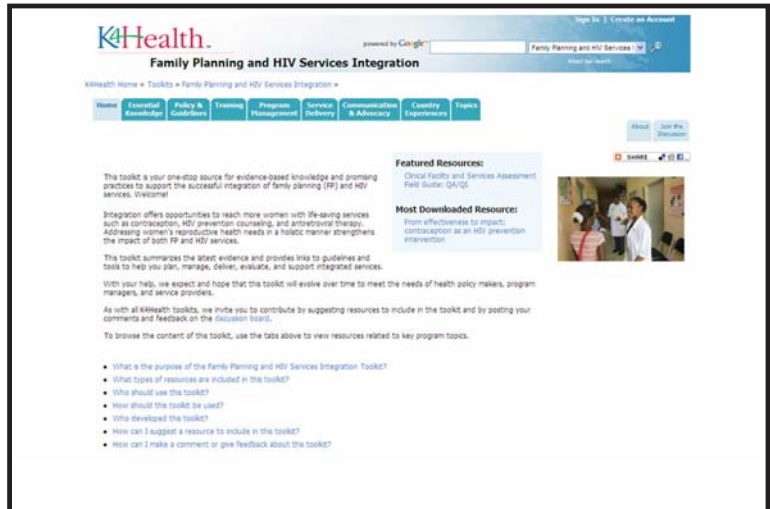
### Family Planning and HIV Services Integration Toolkit

Integration of family planning and HIV services offers opportunities to reach more women with life-saving services such as contraception, HIV prevention counseling, and antiretroviral therapy. Addressing women's reproductive health needs in a holistic manner strengthens the impact of both FP and HIV services. The Family Planning and HIV Services Integration Toolkit ([www.k4health.org/toolkits/fphivintegration](http://www.k4health.org/toolkits/fphivintegration)) provides a one-stop source for evidence-based knowledge and promising practices to support the successful integration of family planning (FP) and HIV services.

International consensus exists on the need for linkages between family planning (FP) and HIV services; international and national policies provide guidance and support for integration. Such policies can help create an enabling environment and specific structures for integrating services into vertically organized programs. Resources in the toolkit help health policy makers, service providers, information officers, and others to develop policies and guidelines on FP/HIV integration. Some of the resources are available in French and Spanish.

### Family Planning and HIV Services Integration Toolkit Background

The Family Planning and HIV Services Integration Toolkit was developed under the leadership of FHI. Population Council staff also contributed knowledge and expertise to the accuracy and quality of the toolkit. K4Health invites users of the toolkit to provide feedback, suggest additional resources to fill information gaps, and share with other users how they have used or plan to use the toolkit. A built-in, moderated discussion board is provided for this purpose.



## K4Health eToolkits (continued)

Partners with expertise and experience in the topic develop the toolkits collaboratively using a series of online features, including audio- and video-conferencing tools, text chatting, and a commenting feature that allows invited collaborators to provide comments about individual resources and toolkit sections. This participatory approach guarantees that the toolkits are of the highest quality. The continuous publishing principle on which toolkits are based allows them to evolve after publication to capture additional resources and to identify and fill remaining information gaps.

(To see a list of all K4Health eToolkits and those in production go to [www.k4health.org/toolkits](http://www.k4health.org/toolkits). If you, or your organization, would like to develop a toolkit not already on the list, please contact the k4Health eToolkits team at: [Toolkits@k4health.org](mailto:Toolkits@k4health.org).)

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## Service Delivery

Family planning (FP) and HIV services can be linked in a variety of settings, at the facility level and in community-based programs. Depending on the setting, different service delivery models might be offered.

Examples of appropriate venues are:

- Primary health care facilities
- Specialized clinics such as maternal and child health or family planning clinics
- Voluntary counseling and testing (VCT) centers
- Mobile clinics
- Home-based care programs



The resources collected here provide guidance on decisions about where and how to integrate FP and HIV services and tools to help providers work effectively with clients across the spectrum of their needs.

**Which Services Can Be Integrated**  
Click here for advice on identifying family planning (FP) services that can be integrated into HIV settings and HIV services that can be integrated into FP settings.

**Key Resources For Technical Interventions**  
Click to this page for a wealth of research-based and field-tested tools, guidelines, and curricula designed to support the initiation and expansion of integrated family planning and HIV services.

**Service Delivery Tools**  
Collected here are job aids, checklists, and guides to help providers counsel their clients.

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## Program Management

Many countries are introducing new policies and guidelines, designing and conducting trainings, pursuing research, and carrying out interventions to introduce integration programming. Experiences from Ethiopia, Haiti, Kenya, Rwanda, Tanzania, India, Uganda, South Africa, and Zimbabwe are documented on the Country Experiences tab.

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## Program Management

**Getting started**

Program planners considering integration must weigh a number of factors—the extent of the HIV epidemic, contraceptive prevalence, the capacity of providers, the facilities available, and the human and financial resources required—to determine whether and how to link family planning and HIV services in a given setting. They should begin by answering the following questions:

- What type of service integration, if any, is needed?
- To what extent should services be integrated?
- What steps are needed to establish and sustain high-quality integrated services?
- What information is needed to measure program success and to improve program or service delivery, replication, or scale-up?



In some settings, integration may not be feasible or desirable. In others, program planners need to determine which service delivery models would best meet the needs of their clients and whether those integrated services can be offered effectively. Program planners and managers can conduct facility assessments to identify the resources available and to determine the appropriate level of service integration.

**Program Management Issues**  
The topics covered by the resources linked here are commodities management, community-based activities, facility space, monitoring and evaluation, quality assurance, referral systems, supportive supervision, and task shifting.

**Program Models**  
A number of models exist for the provision of integrated family planning (FP), sexual and reproductive health, and HIV/AIDS services at the facility level and in community-based programs. Here, a few options are listed and some key publications.

**Facility Assessments**  
A few items that a facility assessment should include are listed here. There is also a link to assessment tools.